



*The right to wind in their hair.*

## NORTH SHORE

### Information Sheet – March 2022

Cycling Without Age North Shore is a program operated by volunteers through Silver Harbour Seniors' Activity Centre. Over the past two years we have provided social outings, consisting of enjoyable trishaw rides along multi-use trails and quiet streets, using our original trishaw. Our passengers mostly have been people living in care residences. Thanks to the support of donors, volunteers, and other community members. Cycling Without Age North Shore now has three trishaws and a cargo trailer. This will allow us to offer free rides from many pickup points on the North Shore as shown on the map, which can be viewed via a link on our web site. See below.

We will be establishing Neighbourhood Chapters centered on a care residence and also serving people resident in their own homes in the neighbourhood, and further afield. Where passengers are unable to get to the pickup points with their own transportation, our volunteers will be able to use their own vehicles to pick up passengers at the door of their homes, transport them to a pickup point for a fun trishaw ride and return them to their homes. We will be using a Transportation by Donation model, for those who can afford to donate up to \$10 for transportation. Rides on the trishaws will be free.

This allows all residents of the North Shore to take advantage of our free service.

Our volunteers will comply with the wishes of passengers with respect to Covid-19 protection by wearing masks if requested to do so.

#### **Ride Booking**

Care residences, where staff are not trained as pilots, will be offered the services of our volunteers. We will be contacting care residences to introduce them to our volunteers, who will then coordinate rides and book the trishaws.

**Community organizations and people living in their own homes should call Silver Harbour 604 980 2474 to register their interest.** Our volunteers will then contact them to organize rides.

#### **Volunteers Needed**

We are recruiting and training pilots right now. Anyone interested in joining our team is invited to contact us by email.

Please visit our web site for more information. <https://www.cyclingwithoutage.ca/northshore>

Email: [northshore@cyclingwithoutage.ca](mailto:northshore@cyclingwithoutage.ca)