

# Cycling Without Age

NEWSLETTER - AUGUST 9TH, 2022

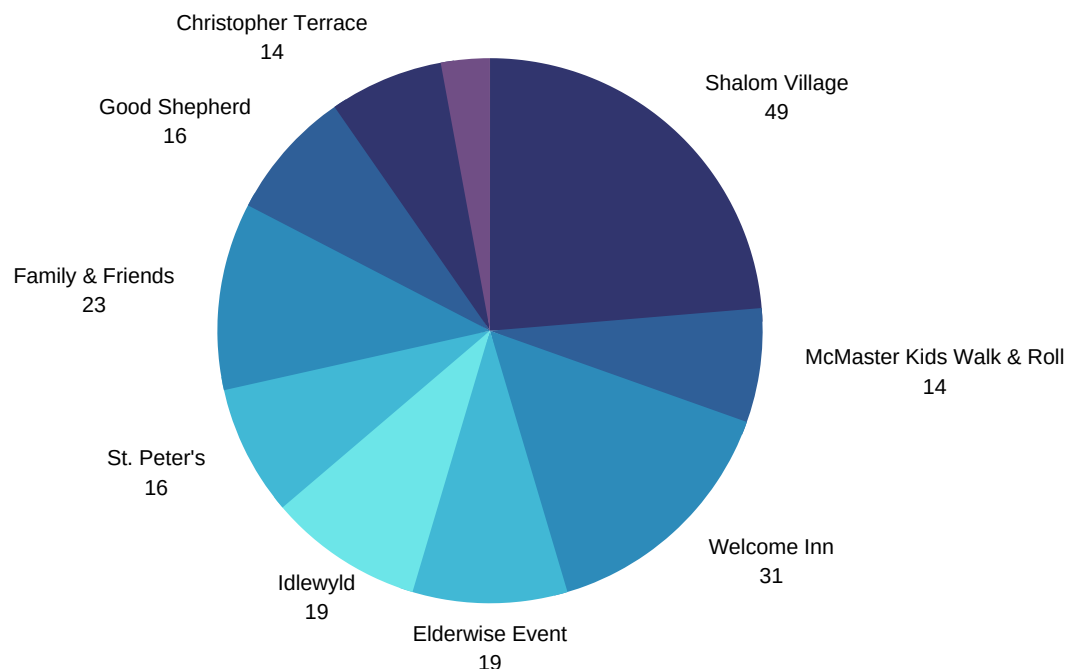


## Hamilton & Burlington

It is hard to believe that we are nearing the end of summer months. It has been a busy season, and we are grateful to all of the hardworking volunteers for their dedication. Since the start of the season, we have worked with the folks at the following facilities to provide their participants and residents with the opportunity to experience having wind in their hair!

- Shalom Village
- Good Shepherd Homes First Program
- Idlewyld Long Term Care
- Welcome Inn
- St. Peters Residence at Chedoke
- Burlington Seniors Centre
- Chartwell Christopher Terrace

**This season there have been almost 200 passengers to date! To the right is the breakdown of passengers since June 1st, 2022.**



## Movie Shoot

Cycling Without Age is proud to be a beneficiary of BrokerTeam Insurance's Project SPOTLIGHT 2022. On August 2nd, 2022, CWA volunteers spent the day with BrokerTeam Insurance to film promotional videos with the talented individuals at Circus Image.

To view their work, check out their website:  
<https://www.circusimage.ca/>

Stay tuned for the release of the CWA videos!



## Dundas Cactus Parade

Join us as we take part in the Dundas Cactus Festival this year! Allan Feldman and Adam Kulchyski will be pedalling four honorary Dundas citizens on our two trishaws through the downtown core. Please contact us if you are interested in walking alongside the trishaws! This is a free event to kick off the start of the Dundas festival!

**When:** Thursday August 18th, 2022 at 6:45pm.

**Where:** The parade leaves Dundas Driving Park and will make its way along the downtown core on King Street.

## Volunteer Opportunities

- Sign ups have been extended until October 14th for current pilots. There are lots of opportunities available for August on SignUp. Click the following link to sign up: <https://signup.com/go/wbrcvEv>
- Do you have a truck or trailer? We are currently seeking volunteers to transport the trishaw between facilities.

If you're interested in being a pilot for 2023, please contact [cwahamilton@gmail.com](mailto:cwahamilton@gmail.com)

**[WWW.CWAHAMILTON.CA](http://WWW.CWAHAMILTON.CA)**



## Fundraising

Cycling Without Age is a volunteer run program. Financial donations goes toward helping to fund the cost of the trishaw bicycles, including the maintenance, and insurance.

Donations are received through New Hope Community Bikes. To donate, click below:

**New Hope**  
**COMMUNITY BIKES**

Building community through bicycles.

[CLICK HERE](#)



Pictured above is Pilot Alan Lamshead with two passengers on the waterfront trail in Hamilton.

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To the left is pilot Carolyn O'Donnell with passenger Elisabeta. They took a tour along Hamilton's Bayfront trail and admired the beautiful scenery!



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@HBCyclingWithoutAge



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