



Hamilton & Burlington Chapter - Call for Volunteers as Pilots for the 2023 Season

Cycling Without Age is a world-wide initiative that provides people with mobility issues (whether young or not-so-young) an opportunity to once again to get out into nature. These passengers may be previous cycling enthusiasts or simply have a desire to get outdoors.

Volunteering with Cycling Without Age (CWA) Hamilton/Burlington gives you an opportunity to give to the community and, at the same time, share in the joy that your time commitment provides for the participants.

The Dutch-inspired and Dutch-built three-wheeled trishaw is propelled by a trained pilot on an e-assist bike. Each pilot is accompanied by a separate volunteer cyclist for support and traffic safety.

Join our Zoom Info Sessions on Thursday March 23 (7:30 pm) or Tuesday March 28 (9:30 am) to learn more. Zoom link:

<https://mcmaster.zoom.us/j/94782378360?pwd=d0Q5U01qdG5CTWxyUW1Pb1BoZGpzdz09>.

Sessions will be recorded and posted on our webpage. Indoor training will take place in April, and outdoor training in May.

For more information see (both videos are also available on the CWA website)

<https://cyclingwithoutage.ca/hamilton-burlington/>

- <https://youtu.be/pHxfv4K4olo> (4 minutes) A wonderful overview of CWA program.
- <https://youtu.be/GVbbIW4hWjg> (3 minutes) The value of the CWA program from a participant's point of view.