



NORTH SHORE

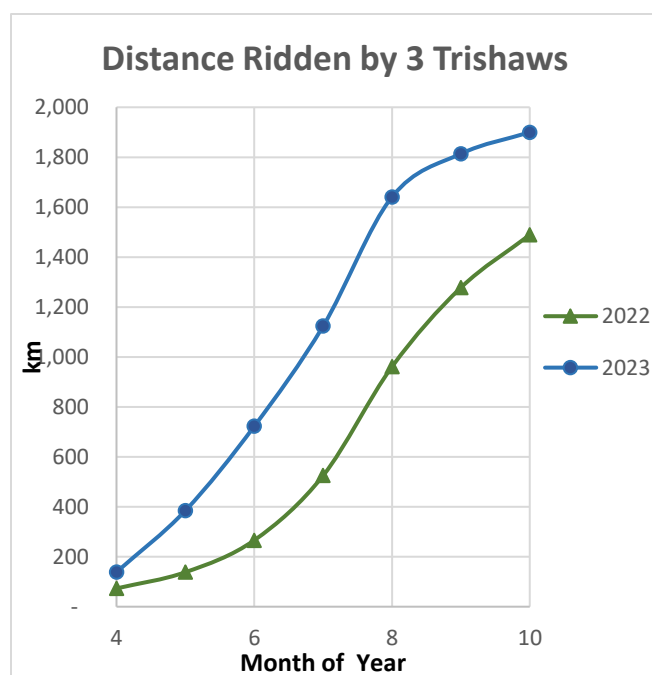
Report on 2023



The right to wind in their hair.

We are a program of Silver Harbour Seniors' Activity Centre Society, who's ongoing enthusiastic support makes our mission possible. Our 9-person committee worked hard to advance the program.

We engaged with 15 care residences and other care organizations providing 580 rides (460 in 2022) for mobility challenged people. Our increase in activity can be seen in the graph which shows the distances ridden by our three trishaws in 2022 and 2023. We hosted three "Events" at the Lower Seymour Conservation Reserve and Bridgeman Park where we invited families with mobility challenged people living in their own homes to join us for rides in the forests. We made and will continue making efforts to encourage mobility challenged people living in their own homes to join our rides.



We used our 3 trishaws, which were located at our fixed bases at Park Royal, Mahon Park, The Shipyards and at Creekstone Care Centre.

We gratefully acknowledge the support of the City of North Vancouver, Park Royal, and Creekstone Care Centre who provided the bases from which we operated.

In 2024 we intend to operate from Park Royal, Mahon Park, Creekstone and a new base in Lynn Valley. This necessitates us acquiring a fourth trishaw to avoid the need to transfer a trishaw between bases each week.

We invite donations to help with the \$15,000 cost of purchasing an additional trishaw. Please visit our website for more information or to donate: <https://cyclingwithoutage.ca/northshore/>