Winter 2023 December 7, 2023



CWAHAMILTON.CA

Latest Update

Fall Events

Three organizers attended a fundraiser for the Markham CWA group on the 3rd of OCT and had an opportunity to speak to a large audience. Markham also screened the video from 2022 that stars some of the seniors and our pilots. Those folks in Markham are pros at fundraising!! On Monday, November 6, we had our Volunteer Appreciation Luncheon at Tracie's. It was a wonderful opportunity to connect with pilots, bike buddies, site coordinators and everyone that makes CWA possible. An afternoon of good food and lots of laughter.

Thank you to Tracie's, for providing a wonderful lunch, to Irene, for her delicious homemade apple crisp and her baseball team's generous donation, as well as New Hope Community Bikes and Tracie's for providing door prizes. An amazing season, made possible by amazing volunteers.

Season's Greetings to All



CWA would like to extend a big thank you to everyone who helped make 2023 such successful year.

The information provided is to help keep you up to date with the winter activities and to let you know how well you all did in 2023.

CWA provided many services to various communities in the Hamilton and Burlington area. During scheduled bike rides, community engagement, attendance at street festivals and at parades, we made our presence known.

Some examples of organizations: Mac Kids Walk and Wheel, Walk This Way Cancer Assistance Programme (CAP), Open Streets, Dundas Cactus Parade, Bronte Village Block Party and L'Arche Ability Walk and Roll.

This year we provided over 665 rides to 1043 passengers at our regular sites as well as the Salvation Army (adults with developmental delays), Good Shepherd Senior's Programmes, Indwell Supportive Housing, CAP and Hamilton/Haldimand Retired Teachers, just to name just a few.

Along with our regularly scheduled locations, Lorraine and Rose met at William's Cafe on Wednesdays and introduced the trishaw to many different organizations.

The trishaws are now safely stowed for the winter at the new storage facility/sea container at St. Peter's Care Home on the west mountain.

Cycling Without Age 1

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What's New

Pilots and returning volunteers:

As you will recall, all CWA volunteers are actually insured members of the New Hope Community Bikes (NHCB) volunteer program. This year, before we start our CWA training in the spring, you will be asked to attend one of the NHCB's general volunteer orientation sessions. Watch your email for an invitation from

adean@newhopecommunitybikes.com

We have received a great number of "I will be happy to return" replies to our enquiries. We also have expressions of interest from 15 new people, 5 of whom have committed their time already. We look forward to spring training which will be coordinated with New Hope Community Bikes. Please sign up for the orientation when you receive the email from New Hope. January is available now, with another planned for the spring. CWA specific training for pilots and bike buddies will commence in April 2024.

In 2024 we will be riding from a new LTC home in Burlington, Wellington Park on Tuesday mornings. Welcome Dawnelle as the coordinator and look for more news on this location in the spring. Sue and Rick Beck have agreed to be Site Coordinators at the Wellington Square Program on Fridays. Thanks Dawnelle, Rick and Sue.

What has the CWA Advisory Group Been Working On?

CWA Retreat 4 DEC

ON 4 DEC the committee spent a day reviewing last season and planning for 2024. The end of season meetings have dealt with the following issues:

Safety procedures: we have refined some of our procedures and look forward to adding them to your spring training

Bike maintenance: guidelines and timeframes for keeping our 3 trishaws are being perfected and a regular maintenance programme is in place

Transportation: a working group has been formed to look at ways of providing different methods of transporting the trishaws to different organizations and events.

If you are part of a service organization that might have funding for charitable orgs. or have any contacts that work with trailers, transportation etc. please contact: Scott Davidson, using our CWA gmail address: cwahamilton@gmail.com

We will get the email to him and would be very pleased to have help in this area.

Funding and financial sustainability: like all charitable organizations NHCB/CWA requires ongoing funding of a sustainable nature. We have many talented volunteers with diverse backgrounds and experience. If you think you could help out in

this area please email cwahamilton@gmail.com.

It would be wonderful to have your expertise to work with New Hope and CWA.

Think about funding: if your service group is looking for programmes to support, consider putting CWA forward as a candidate. Consider 50/50 draws and the like. Once again

Tracie's Restaurant and Karaoke is hosting 50/50 draws specifically for the CWA program this winter. Stay tuned.



Cycling Without Age 2