CWA Newsletter



CWA: Hamilton and Burlington Chapter



Summer is Here

Summer is here and Cycling Without Age: Hamilton-Burlington (CWA HB), along with New Hope Community Bikes (NHCB), has been keeping busy attending community events and providing rides for Seniors and Community members. The volunteers, cocoordinators and community contacts have done an amazing job and have provided 212 rides to 353 passengers.

All this was achieved despite challenges such as mechanical issues, high temperatures, torrential rains and thunderstorms. We have also been working around vacations, COVID, and cancellations.

Thank you to the volunteers who got the bikes to Open Streets, Bike for Mike, Dundas Museum Day and the Paris to Ancaster Bike Race to mention a few. Along with community rides, your willingness to pitch in on weekends and during other events is greatly appreciated. please let us know!



openhagen Conference

In early line, 4 members of CWA HB set out for Copen open to attend the CWA international conference. Nano Gray, Lorraine Chapman, Allan Feldman and Sharon Gibbons were joined by Jane Hu, executive director of WA Canada. Copenhagen is a beautiful, functional city where 49% of all residents commute by bike. 150 International guests from 5 continents gathered to plan for CWA. For 3 days, we learned, laughed, shared strategies and rode bikes. A highlight of the conference was the Saturday ride to Dragor, an historical fishing village approx. 15 km from the city. 160 cyclists set out on trishaws and bicycles and were greeted by the Mayor, a live band, community members, and Danish cinnamon roles!

Stay tuned for new ideas and learnings to make their way into our chapter. The Site Coordinators (or maybe Big Wheels?!) have already been discussing ideas that we can apply to our chapter.

City of Guelph



On 13 June, New Hope and CWA provided valuable information to the City of Guelph. The City is interested in setting up a chapter and CWA HB was able to take the Mayor for a ride on the trishaw and allow him to provide a ride for 2 passengers. Thanks to Nancy Gray, Tammy Heidelbrecht, Cora Muis, and Dawnelle Hawes for your representation at this event

On the Horizon

For the Cactus Festival in Dundas in August: cheer on our trishaw as it allows parade dignitaries to participate in and also cover the parade route along with their peers. Dundas has also expressed an interest in obtaining a trishaw! Details to be worked out.

CWA continues to work on getting a Sea container for Bayfront in order to store the bikes.

Burlington TV is filming on 20 August at Wellington Park Care Centre.

Volunteers needed for EVERESTING - the annual October fundraiser for New hope Community Bikes. Please see NHCB website to sign up and for more information:

https://www.newhopecommunitybikes.com/volunteeropportunities

As always the volunteer coordinators continue to meet monthly and work on our scheduling, health and safety, and fundraising. Ask your coordinator how you can help, all would be glad to give you more information.

CWA Hamilton Burlington Statistics

Dawnelle Hawes has taken on the job of statistician and has given us an overview of the different sites. We will endeavour to cover all the sites in this and the upcoming newsletters - starting with Mondays.

Mondays in both Burlington and Hamilton seem to be the least preferred for passengers, but participation has also been curtailed by weather, agency cancellations and half-day rides. Martha's Landing has wonderfully playful participants as illustrated by Sandra and Pat on July 1st. Our volunteer coordinator at this location is Valerie Clements.

St. Peter's in Hamilton, with volunteer coordinator Scott Davidson, has also had its share of cancellations due to scheduling and weather. Wheelie Jill (this bike accommodates a wheelchair only) is housed there, so rides are generally one person and done in the local streets around the home. This allows the residents to enjoy their neighbourhood and expand their understanding of their surroundings and their neighbours.

