



Cycling Without Age: Hamilton/ Burlington Chapter



Annual Report 2024

Summary

2024 was the fourth year of operation for this Ontario, Canada CWA chapter. Our 15 person advisory team met monthly which ensured continued adaptability with our procedures as the season progressed.

In 2024 we expanded our passenger base from seniors to include passengers with physical and intellectual challenges. This allowed us to partner with more community organizations and to develop multi generational relationships.

Also added were weekly rides at two new community centre locations, bringing our ride locations up to 11. These rides were accomplished with our fleet of two Van Raam “Chats” and one Van Raam “Velo Plus”.

Our pilots and volunteers generously donated their time to help expand our community outreach by attending parades, City of Hamilton ‘open streets’, organized cycling events and organizational parties.

In short, we had a lot of fun and are looking forward to starting up in 2025 once again.



Organizational Information

Our chapter is structured as a program hosted by the charitable organization New Hope Community Bikes.

<https://www.newhopecommunitybikes.com/>.

New Hope provides our legal structure including liability and property insurance, administration, grant management, tax receipts for donations, as well as maintenance.

Key Statistics for 2024

- Pilot Info and Indoor Training Sessions – 2
- New Pilot and Refresher Training Sessions -15
- Number of cities served – 2
- Number of trishaws – 2 Van Raam Chats, 1 Van Raam Velo Plus
- Number of Partner Centres – 11 (6 seniors' residences/long-term care homes, 3 day-programs, 2 community groups)
- Number of Special events attended/offered - 11
- Number of volunteer social/fundraising events – 2
- Number of trainers - 7
- Number of volunteer site coordinators - 13
- Number of active pilots – 66 (30 male/36 female)
- Approximate pilot age – 66 (primarily retired volunteers)
- Number of bike buddies - 66
- Number of inactive pilots – 5

Site Locations - Rides/Passengers (Annual)

- Welcome Inn Community Centre **54 rides, 73 passengers**
- Martha's Landing Retirement Home **48 rides, 93 passengers**
- Wednesdays at Williams **147 rides, 280 passengers**
- Shalom Village Seniors' Apartments **87 rides, 146 passengers**
- Maple Villa Long Term Care Home **100 rides, 187 passengers**
- Idlewyld Long Term Care Home **88 rides, 101 passengers**
- Wellington Square Church-HUB **69 rides, 108 passengers**
- St. Peter's at Chedoke LTC **28 rides, 28 passengers**
- Christopher Terrace Retirement Home **66 rides, 128 passengers**
- Wellington Park **80 rides, 157 passengers**
- Monday specials (Hamilton) **3 rides, 53 passengers**
- **Total 801 rides , 1354 passengers**



Special Events 2024

		Apr		
Ride Season Begins➔		May	←..... May 25: Dundas Museum Presentation
May 26: Open Streets Hamilton (18 rides, 19 passengers)➔			
		June	←.....	June 2: Bike for Mike
June 18 Dundas Rotary Presentations➔		←.....	June 13: Guelph City Presentations (2 rides, 2 passengers)
		July Aug		
Aug 16: Cactus Parade Dundas (2 rides, 4 passengers)➔		←.....	Aug 13 and 20: Pier 8 Events (12 rides, 22 passengers)
Sept 21: Bronte Village Block Festival (20 rides, 42 passengers)➔	Sept	←.....	Sept 11: L'Arche Ability Walk 'n Roll Hamilton (11 rides, 22 passengers)
Oct 20: Wellwood McMaster (5 rides, 8 passengers)➔	Oct	←.....	Sept 21: Masala Event (5 rides, 9 passengers)

Total 84 rides ,162 passengers
Grand totals - 2024 CWA Ham/Bur 885 rides, 1516 passengers



Grants and Donations

Our chapter is hosted by New Hope Community Bikes, a non-profit charitable organization. As such we depend on the generosity of numerous organizations to make our operation possible. We wish to acknowledge the following organizations who have contributed generously in 2024:

- Halton RTOERO (Retired Teachers of Ontario) - \$4000
- Burlington Community Foundation - \$10,000
- Hamilton Community Foundation - \$15,000

We also wish to thank the many volunteers and passengers who made one-time and monthly donations throughout the year.

In-Kind Contributions

Once again we received many in-kind contributions which enabled our chapter to run smoothly.

We would like to thank:

- Leander Boat Club; Burlington Seniors Centre, and St. Peter's LTC at Chedoke for free storage.
- Staff and mechanics at New Hope for regular maintenance, grant proposal assistance, and administration.
- Simore Transportation and Joe Axisa and The Pickup Guys for moving our trishaws around the region.
- Rock and Road Bikes and Hamilton Trike for trishaw repair and maintenance.
- Halton TV for media support
- Heather Chapman for website support

Looking ahead to 2025:

Hamilton/Burlington will be working with more partners, expanding our reach into new communities.

We are very excited about expanding into the Dundas area.

Our 4th trishaw will be arriving in March 2025 and we are eager to begin rides in May. This trishaw has been generously financed by both Dundas Rotary clubs, as well as a grant from the Hamilton Community Foundation and individual donations. We are working hard to set up partnerships with seniors' homes and day programmes.

We are continuing to raise funds to purchase more equipment to meet our growing needs! We hope to be successful in two grant applications which will allow us to purchase another wheelchair trishaw, as well as transport the wheelchair trishaw that we now have to more locations.

In 2025 we will continue to build on our successes with our pilots, volunteers, community organizations and generous donors. We thank them for their continuing support and their commitment to another fabulous year of "wind in our hair".