



CYCLING WITHOUT AGE NORTH SHORE

November 2025

Annual Report 2025

Cycling Without Age North Shore, a program of Silver Harbour Senior's Activity Centre continues to make significant strides in enhancing the lives of the elderly, the isolated and those with mobility challenges in our community. As a non-profit organization we depend on the generosity of numerous supporters to make our operation possible. We wish to acknowledge the following donors who have made very significant donations in 2025:

West Vancouver Foundation
North Shore Community Foundation
Cathy Harasym + Family
Metro Vancouver Regional Parks Foundation
Kiwanis Club of West Vancouver

Key Statistics for 2025

Total Number of Passengers: **1,071** (up from 625 in 2024)

Total Kilometers driven: **>3,500 km** (up from 2,274 km in 2024)

Number of Organizations Served: **20**

Total Number of Volunteer Pilots: **36**

Total Number of Trishaws in Operation: **7**
5 2-seater trishaws and 2 wheelchair trishaws

Number of Bases in Operation: **4**

Key Events / Milestones in 2025



2025 saw the establishment of a maintenance team tasked with keeping our trishaws shipshape! Thanks to [Bicycle Sports Pacific](#) for training our maintenance team at the start of the season.

Many thanks also to Amica West Van for renewing a \$3,000 annual sponsorship to help cover our operational costs.

We participated in several community events in 2025, including the 2nd Annual North Van Bike Fest, and the North Shore Senior's Health Expo at the West Vancouver Senior's Activity Centre!



We were thrilled to take delivery of two new trishaws in 2025. Trio Trishaw Gary (left) is now situated at Mahon Base, serving our partners in the Lonsdale Area. Trishaw Amy (right) is our second VeloPlus wheelchair-carrying trishaw!



Key Events / Milestones in 2025



2025 saw several new partners join our CWA North Shore family! At the beginning of the season, our Lynn Valley Base was delighted to welcome Lynn Valley Care Centre (LVCC) as a partner. We have provided weekly rides from LVCC and we look forward to bringing Trishaws Mike and Amy in 2026! We are also delighted to now be providing rides for Sunrise Lonsdale, Summerhill PARC and Cedar Springs PARC.

We once again provided rides to our partner organizations and members of the public at Bridgman Park and Seymour Demonstration Forest this summer. It was a delight to facilitate rides for our passengers in these beautiful forest trails!



We were delighted to hold a Supporter & Volunteer Appreciation Celebration on 4th October at the Community Room in Lynn Valley Village! Thanks to [Save-On Foods](#), [Brown's Social House](#), and [Delany's Coffee](#) for providing food and refreshments! It was wonderful to gather our amazing community to celebrate a successful year together!

Thanks to the [West Vancouver Senior's Activity Centre](#), we were able to use their accessible buses to bring residents from senior's residences to local parks for trishaw rides. We are so thankful to new volunteer, Neil Prissick for his help to drive the bus!



Plans for 2026

We are confident that we will be able to grow our impact on the North Shore in 2026 for the following reasons:

- **Trio Trishaw** - Each of our four bases is now equipped with a dedicated two-seater trishaw minimizing the need for our teams to transfer equipment
- **VeloPlus Trishaw** - With the addition of Trishaw Amy, our teams will have easier access to a wheelchair-carrying trishaw when needed
- **Pilots** - We plan to increase ridership from our partner organizations and will be recruiting additional pilots to join our current team. We are confident we will meet the needs of each of our four bases, accounting for the addition of new partner organizations
- **Accessible Bus** - West Vancouver's Senior's Activity Centre's accessible bus allows us to offer our partner organizations the opportunity to take their residents to locations such as Bridgman Park and Ambleside
- **Public Rides** - We will be providing scheduled rides at various locations to make it easier for members of the public to book rides

Acknowledgment in the BC Legislative Assembly

We were honoured to have our work recognized by MLA [Susie Chant](#), Parliamentary Secretary for Seniors Services and Long Term Care, in a speech in the BC Legislative Assembly in October. You can watch the video [here](#).

Thank you!

We cannot do what we do without the ongoing support of our volunteers, donors and community partners. Thank you so much for being there for us this year. Know that together we are making a positive impact on the lives of many, one ride at a time! Wishing everyone **Happy Holidays!**



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